Kingsburg Tri- County Health Care District Grant Application

Please complete and return documentation and information required under the District Grant Policy, Procedures and Guidelines. <u>Submit a signed original plus a set of 8 copies using a binder clip.</u>

Provide the following information for the grant applicant, and well as for all partnering and/or subcontracting entities, if any. **Use a separate page for each item listed on page 2 to fully describe required information.**

| Applicant Name City of Kingsburg Community Services Department |
|---|
| Type of Organization Municipality |
| Legal status of your business (LLP, nonprofit, etc.) Public Entity |
| Subject of Request 40% of Senior Citizen Hot Meal Program |
| Total Amount Requested \$\frac{70,000}{\text{How many People Will Grant Serve?}} \frac{1200}{\text{Long total Amount Requested Serve?}} |
| Is this intended as a one-time or ongoing project? Ongoing (3 years) |
| Project timeframe FY 24/25 Lump sum or periodic disbursement? Periodic(yearly) |
| How will grant be recognized by recipient? Advertising/signage |
| Total Years in business 116 # of Employees 99 Federal Tax ID # 94-6000353 |
| Business Licenses, Certifications or Registration # None |
| |
| Individual Accountable for Grant Funds: |
| Name Alexander Henderson Title City Manager |
| 1401 Draper St |
| City Kingsburg State CA Zip 93631 |
| ahenderson@cityofkingsburg-ca.gov E-MailPhone Number |

(Grant application page 1)

By signing below, the undersigned hereby certifies under penalty of perjury that: (1) information contained within this application is true and correct to the best of my personal knowledge, information and reasonable belief; (2) the grant applicant has read and is familiar with all of the District's grant policies, procedures and guidelines; (3) the grant applicant hereby waives each and all claims and right(s), if any exist to, in any form, appeal or otherwise legally challenge each and all decisions of the Kingsburg Tri-County Health Care District pertaining to this grant application; and (4) the governing body of the grant applicant has duly authorized me to sign this grant application.

| Signature | 1 | 11 | | | _ Date | 4/23 | 12021 | 1 |
|--------------|--|----|--|--|--------|------|-------|---|
| Print Name a | Print Name and Title Alexander Henderson, City Manager | | | | | | | |

The following information is required in relation to the requested grant. Please use separate pages for each numbered item, titling and numbering each page as listed below. We require the following: 1 signed copy of the grant application, with items 1-8 (below) completed and attached, plus 8 additional hardcopies.

- **1. Project Overview:** Include purpose of the grant request. Describe in detail how the funds will promote health and wellness and further the grant goal of fostering quality health services and programs which benefit the residents of the District.
- **2. Project Cost:** Itemized budget with explanation of each itemized cost and the need for such, and supporting documentation, such as actual bids or formal estimates, if any.
- **3. Partner(s):** List all partners (if any), and their financial contributions for this specific project.
- **4. Funding Sources:** List all funding sources for the past 5 years.
- **5. Community Need:** Describe specific needs of the District which your project will meet.
- **6. Legal Status:** Please provide a copy of your W-9, business licenses and certificates, as well as IRS determination letter if you are a nonprofit.
- **7. Contributions:** List previous and ongoing community contributions your organization has made within the past 5 years.
- **8. Plans:** Provide drawings or pictures of the proposed project with footnotes for explanations.

Project Name: Enhancing Senior Nutrition at Kingsburg Senior Center

Project Overview: Include purpose of the grant request. Describe in detail how the funds will promote health and wellness and further the grant goal of fostering quality health services and programs which benefit the residents of the District.

The City of Kingsburg is requesting funding for a Senior Citizen Hot Meal Program. The Kingsburg Senior Center has been a vital hub for senior citizens in the community since its establishment. One of the cornerstone programs offered at the center is the daily lunch service, providing nutritious meals to seniors aged 62 and over. Since 2002, the city has partnered with the Fresno Madera Agency on Aging (FMAAA) to offer these meals, serving Monday through Friday from 11am to 12pm. While the partnership with FMAAA has been valuable, there have been challenges regarding the quality, health and suitability of the meals provided. Due to the need to mass-produce meals for multiple senior centers across Fresno County, the meals often lack the freshness and flavor desired by the seniors. The dissatisfaction with the meals has been growing, and many seniors have expressed a desire for locally prepared, home-cooked meals.

To address these concerns and improve the overall quality of meals provided to our seniors, the City of Kingsburg aims to transition away from FMAAA and partner with the Kingsburg Health Care District to provide better quality meals. The transition would allow the City of Kingsburg to utilize the newly renovated kitchen facilities at the senior center which the Health Care district generously supported in 2022, and empower the staff to prepare fresh and nutritious meals on site. The transition would enhance the overall well-being of the senior citizens by offering them nutritious, flavorful meals that cater to their preference and dietary needs. Additionally, it fosters a sense of community and connection as seniors gather to enjoy meals prepared with care and attention.

The partnership between the City of Kingsburg and the Kingsburg Health Care District represents a significant opportunity to improve the lives of our senior citizens. By investing in the senior nutrition program and transitioning to locally prepared meals, the city can ensure that the seniors receive the support and care they deserve. The city is confident that this initiative will enhance the overall quality of life for the senior community and strengthen bonds with the city.

2. Project Cost: Itemized budget with explanation of each itemized cost and the need for such, and supporting documentation, such as actual bids or formal estimates, if any.

The City of Kingsburg is requesting \$70,000 to share the costs associated with the nutrition program at the senior center 60/40 for a 3-year commitment to ensure adequate staffing and supplies to transition from the current offered senior meal program by Fresno Madera Agency on Aging. The city funds for the application are meant to identify the costs for the meal program, but are not all-inclusive of other senior center activities that are funded. The grant requests a not-to-exceed number. It assumes wages and benefits at the highest amount possible. The city anticipates fewer expenditures for both parties but wanted to provide a conservative estimate.

(Excel Speadsheets Attached)

CITY OF KINGSBURG KINGSBURG HEALTH CARE DISTRICT SENIOR NUTRITION MEAL PROGRAM GRANT FISCAL BUDGET JULY 2024-JUNE 2025

| | Nutrition | Nutrition | Nutrition | |
|--|------------------------|-------------|-------------|-----------|
| | Manager | Coordinator | Coordinator | TOTAL |
| GROSS WAGES FOR YEAR | 37,440.00 | 20,800.00 | 20,800.00 | 79,040.00 |
| BENEFITS | 5,616.00 | 1,456.00 | 1,456.00 | 8,528.00 |
| TOTAL COMPENSATION | 43,056.00 | 22,256.00 | 22,256.00 | 87,568.00 |
| SENIOR CENTER ALLOCATION RATE | 100% | 100% | 100% | |
| PROGRAM COMPENSATION COST | 43,056.00 | 22,256.00 | 22,256.00 | 87,568.00 |
| TOTAL PROGRAM COMPENSATION DIRECTOR TOTAL PROGRAM COMPENSATION STAFF | 40,927.00 87,568.00 | | | |
| "DEPARTMENT SUPPLIES": SHEET A | 53,280.00 | | | |
| "KHCD CONTRIBUTION"; | (70,000.00) | | | |
| "SENIOR DONATIONS C-2": | (12,000.00) | | | |
| "CITY OF KINGSBURG FUNDS": | 99,775.00 | | | |

169,775.00

TOTAL PROGRAM COST"

FOOD (JDS DISTRIBUTION)

| AVERAGE MEAL COST | \$ 5.00 |
|-------------------------|----------------|
| AVERAGE MEALS PER WEEK | 200 |
| AVERAGE MEALS PER MONTH | 800 |
| TOTAL COST PER MONTH | \$ 4,000.00 |

SUPPLIES

| \$ 0.55 |
|--------------|
| 200 |
| 800 |
| \$ 440.00 |
| \$ |

| TOTAL COST PER MONTH | \$ 4,440.00 |
|----------------------|-----------------|
| TOTAL COST PER YEAR | \$ 53,280.00 |

- 3. Partner(s): List all partners (if any), and their financial contributions for this specific project.
 - 1. The City of Kingsburg
 - 2. Kingsburg Tri-County Health Care District
 - 3. Kingsburg Senior Citizens Incorporated

- **4. Funding Sources:** List all funding sources for the past 5 years.
 - General Fund budget from the City of Kingsburg
 - Grant funds from the Kingsburg Tri-County Health Care District
 - Donations and General Fund dollars from Kingsburg Senior Inc.

5. Community Need: Describe specific needs of the District which your project will meet.

Kingsburg has a long tradition of being a community with various activities and opportunities the citizens can take advantage of. Providing free meals for disadvantaged communities, like senior citizens, is an integral part of Kingsburg's mission to support its residents' mental and physical health. Government and private agencies continue working to address hunger, hypertension, and obesity rates in the community and the City recognizes that communities thrive with support systems for all. Creating healthy and accessible food options will encourage seniors to utilize other social services and provide the opportunity to engage and create community with each other.

Senior citizens spend large parts of the day indoors, typically in front of a screen, thanks in large part to the lack of community and lingering effects of the COVID pandemic which stripped an already isolated population from its support systems. A sedentary lifestyle increases obesity rates and exacerbates present health issues. In the 2018 survey for the Kingsburg Tri-County Health Care District, obesity/being overweight was selected as the top health challenge that residents face (selected by 46.60% of those polled). Furthermore, studies by the National Council on Aging have shown that senior citizens who utilize senior centers experience lower levels of depression and stress levels. Both studies demonstrate the need for the meals program in the senior center which also serves as preventative healthcare measure for those that need it.

In addition, many seniors rely exclusively on fixed incomes, such as social security benefits or retirement plans which typically do not cover all their expenses. Furthermore, cities in the central valley also experience food deserts where food epicenters are too far from the populations that need it the most. Free meals in a centralized location alleviate the financial and transportation strains for those who struggle to find healthy and affordable food options. The City of Kingsburg meal programs will bolster the health and community of its seniors and strengthen relationships with the city.

6. Legal Status: Please provide a copy of your W-9, business licenses and certificates, as well as IRS determination letter if you are a nonprofit.

N/A—Public Entity.

Form **W-9**

(Rev. October 2018)
Department of the Treasury
Internal Revenue Service

Request for Taxpayer Identification Number and Certification

► Go to www.irs.gov/FormW9 for instructions and the latest Information.

Give Form to the requester. Do not send to the IRS.

| mema | Hereing Service | | | | |
|---|---|---|--|--|--|
| | 1 Name (as shown on your income tax return), Name is required on this line; de | o not leave this line blank. | | | |
| | 2 Business name/disregarded entity name, if different from above | | | | |
| | SAM 1 | | | | |
| page 3. | 3 Check appropriate box for federal tax classification of the person whose nan following seven boxes. | 4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3): | | | |
| Print or type. Specific Instructions on | Individual/sole proprietor or Corporation S Corporation single-member LLC | Partnership Trust/estate | Exempt payee code (If any) | | |
| Print or type. c Instructions | Limited liability company. Enter the tax classification (C=C corporation, S: | =S corporation, P=Partnershlp) ▶ | | | |
| truc | Note: Check the appropriate box in the line above for the tax classificatio LLC if the LLC is classified as a single-member LLC that is disregarded fr | n of the single-member owner. Do not check | Exemption from FATCA reporting | | |
| rir s | another I I C that is not disreparded from the owner for U.S. federal tax pi | urposes. Otherwise, a single-member LLC that | code (If any) | | |
| ı iğ | is disregarded from the owner should check the appropriate box for the ta | ax classification of its owner. | (Applies to accounts maintained outside the U.S.) | | |
| be | 5 Address (number, street, and apt. or sulle no.) See instructions. | Requester's name a | and address (optional) | | |
| See S | 14/11 | | Market German | | |
| Š | 6 City, state, and ZIP code | x :==: v | | | |
| | Kinashura (A 95 | 1631 | | | |
| | 7 List account numberist here (optional) | | | | |
| _ | - 11 CT 13 N 1 (778) | | | | |
| Par | Taxpayer Identification Number (TIN) your TIN in the appropriate box. The TIN provided must match the name | no niven on line 1 to avoid Social sec | curity number | | |
| backu | in withholding. For individuals, this is generally your social security num | nber (SSN). However, for a | | | |
| reside | nt alien, sole proprietor, or disregarded entity, see the instructions for I s, it is your employer identification number (EIN). If you do not have a n | Part I, later. For other | | | |
| TIN, la | | or | J (| | |
| Note: | If the account is in more than one name, see the instructions for line 1. | Also see What Name and Employer | identification number | | |
| Numb | er To Give the Requester for guidelines on whose number to enter. | [a]J. | -1/10/01/01/21/21 | | |
| | | [1] | 100 00 0000 | | |
| Par | | | in in the second se | | |
| | penaltles of perjury, I certify that: number shown on this form is my correct taxpayer identification numbers. | per (or I am walting for a number to be iss | sued to me); and | | |
| 2 Iam | not subject to backup withholding because: (a) I am exempt from back | kup withholding, or (b) I have not been n | otified by the Internal Revenue | | |
| | vice (IRS) that I am subject to backup withholding as a result of a fallur onger subject to backup withholding; and | e to report all interest or dividends, or (c) | the IHS has notified me that I am | | |
| | n a U.S. citizen or other U.S. person (defined below); and | | | | |
| | FATCA code(s) entered on this form (if any) indicating that I am exemp | | | | |
| wort he | cation instructions. You must cross out item 2 above if you have been no ve failed to report all interest and dividends on your tax return. For real est | ate transactions, item 2 does not apply. For | r mortgage interest paid, | | |
| acquie | lition or abandonment of secured property, cancellation of debt, contribution in terest and dividends, you are not required to sign the certification, but | ons to an individual retirement arrangement | (IRA), and generally, payments | | |
| Sign | | | | | |
| Here | Signature of U.S. person ► WWW Collins | Date ► \ | -15-2023 _ | | |
| Ger | neral Instructions | Form 1099-DIV (dividends, including funds) | those from stocks or mutual | | |
| Section noted. | n references are to the Internal Revenue Code unless otherwise | Form 1099-MISC (various types of income, prizes, awards, or gross proceeds) | | | |
| Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted | | Form 1099-B (stock or mutual fund sales and certain other transactions by brokers) | | | |
| after tl | ney were published, go to www.irs.gov/FormW9. | Form 1099-S (proceeds from real estate transactions) | | | |
| Purpose of Form | | Form 1099-K (merchant card and third party network transactions) | | | |
| An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer | | Form 1098 (home mortgage interest), 1098-T (tultion) | , 1098-E (student loan interest), | | |
| identification number (TIN) which may be your social security number | | Form 1099-C (canceled debt) | | | |
| | individual taxpayer identification number (ITIN), adoption er identification number (ATIN), or employer identification number | Form 1099-A (acquisition or abandonment of secured property) | | | |
| (EIN), 1 | o report on an information return the amount paid to you, or other at reportable on an information return. Examples of information | Use Form W-9 only if you are a U.S. person (Including a resident alien), to provide your correct TIN. | | | |
| | s include, but are not limited to, the following. | If you do not return Form W-9 to the | requester with a TIN, you might | | |
| | 1099-INT (interest earned or paid) | be subject to backup withholding. See later. | What is backup withholding, | | |

7. Contributions: List previous and ongoing community contributions your organization has made within the past 5 years.

The City of Kingsburg (the City) has a long tradition of being a strong community with various activities and opportunities, and the City wants all residents to lead a healthy lifestyle. This includes seeking grant funding when it is necessary to do so in the interest of the community.

Examples of past projects that were completed with the generous assistance of the Kingsburg Tri-County Health Care District include:

- 2022 Senior Center Kitchen Renovation \$220,728.00
- 2019 Crandell Swim Complex Project \$434,937.00
- 2019 Athwal Park Improvements Phase I \$600,000.00

| 8. Plans: Provide drawings or pictures of the proposed project with footnotes for expla N/A | nations. |
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